

Tracing The Constant Repetition Of Motion

Through my practice I reflect on the deeper emotions of our being, which function beneath the surface, often outside our conscious awareness. Since the inception of the concept of human spiritual perception, many methods have been implemented to try and extract and understand the profound motivations of our lives. The goal of the such practices is to uncover the sources of these within ourselves. Hypnosis, meditation, rhythmic breathing and other means of repetitious action are believed to, within a sufficiently expeditious period, lead us into a trance like state, which feels somewhat as if the mind is wandering inside itself, into previously uncharted caverns of the psyche, where answers to enigmatic interrogations can be found.

The constant revolving of the figure in this work depicts the creation of this other worldly state, which access the deeper realms. The figure does not move from the original location while, by contrast, the natural world around her is transient, leaves blow in the wind, birds tweet and flutter by, but she is oblivious to this, locked as she is in an endless truth seeking cycle. Since the person collaborating in this piece by playing the part of the figure is Turkish, the composer Nihan Yesil, I believe I was, subconsciously, subliminally, influenced by the notion of whirling dervishes, a well known symbol of Turkey's ancient culture. These are Sufi practitioners who whirl mesmerically, aiming to achieve a state of psychic perfection.

Film and editing by Ju Underwood

Music by Nihan Yesil